



Easy After-School Recipe: Fruit Tart

This Easy Fruit Tart is a sweet treat kids can make all by themselves! It's simple, colorful, and perfect for a healthy dessert.



Ingredients:

- 1 pre-made graham cracker pie crust
- 1 cup vanilla yogurt
- 1 cup mixed fresh fruits (like strawberries, blueberries, and banana slices)

Instructions:

- 1. Spread the Yogurt: Spoon the vanilla yogurt into the pie crust and spread it evenly.
- 2. Top with Fruit: Arrange your favorite fruits on top of the yogurt.
- 3. Chill & Enjoy: Place the tart in the fridge for 10 minutes to chill, then slice and enjoy!

It's that easy! A healthy dessert that's fun to make and even more fun to eat.

Downloadable Recipe PDF:

To make it easier for parents and teachers to make this recipe, we've prepared a downloadable PDF with the recipe and some fun variations to try. You can print it out and keep it handy in your kitchen or classroom, or share it with others who might enjoy this healthy snack.